



Junaluska Junction

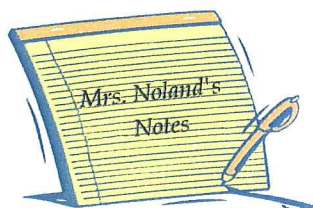
SCHOOL CHALLENGE

We have lots of exciting events planned throughout the rest of the school year. As you recall, our goal this year is to purchase new technology for each grade level. We are mainly concentrating on laptops and LCD projectors. We are going to have a school challenge from February 1 until May 31 to reach a goal of \$17,000.00 to go toward this new technology. All events sponsored by PTO for the rest of the year will go toward this goal. Any time you participate by coming to a dance, buying a school check book or even eating out on Carrabba's night will help us get a good start in reaching this goal. These are not the only events scheduled. Stay tuned to the Junaluska Junction for more information for events after the month of February. **If we reach our goal by the end of the year, the entire school will receive a VERY special day of surprises.** It will take everyone's help to reach our goal, but as always, JUNALUSKA ROCKS, and we can do it!!!!

WINTER WONDERLAND DANCE

FEBRUARY 1, 2008

6:30 pm - 8:30 pm



Dear Parents,

I would like to thank parents and relatives that consistently follow the new traffic rules. These are the people who truly understand and support the safety of children and others. Actions speak louder than words. I've been asked about the reason for the change. First, children are protected under the awning when it's raining or snowing.

Secondly, visibility is better as I watch students enter school. And thirdly, the right turn protects you and your vehicle from oncoming traffic.

Thank you for allowing me to do what I feel is most important. I want to greet your child each morning on the sidewalk without having to monitor adult driving choices at the end of the drive. I believe you support what is important. Saying good morning to the children means so much to me. I appreciate all of you who support our efforts by doing the right thing.

Sincerely,

Merita Noland

Junaluska Elementary Eagles PTO 2007-2008

Volume 1, Issue 7

February 2008

Points of Interest

- ☺ Sagebrush Day
February 5
- ☺ Spirit Day—February 8
70's Day
- ☺ Winter Wonderland
Dance—February 1
- ☺ Teacher Thursday
February 28

Inside this issue:

Monthly Calendar with Upcoming Events	2
Staff Spotlight	2
School Check Books	2
Behind the Scenes	3
For Your Good Health	3
Spirit Day & Sage- brush Day	4
Guidance Counselor Corner	4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Winter Wonderland Dance</i>	2
3	4	5 <i>Sagebrush Day</i>	6	7	8 <i>Spirit Day 70's Day</i>	9
10	11	12	13	14 <i>Valentine's Day</i>	15	16
17	18	19 <i>Carrabba's Night</i>	20	21	22	23
24	25	26	27	28 <i>Teacher Thursday</i>	29	

- ☺ February 11 - 29 School Check Books on Sale
- ☺ February 1—Winter Wonderland Dance
- ☺ February 5 —Sagebrush Day
- ☺ February 8 — Spirit Day
- Hippie Day
- ☺ February 19—Carrabba's Night
- ☺ February 28—Teacher Thursday

Upcoming Events

- ☺ Run/Walk-a-thon
- ☺ Book Fair
- ☺ Read-a-thon

Staff Spotlight



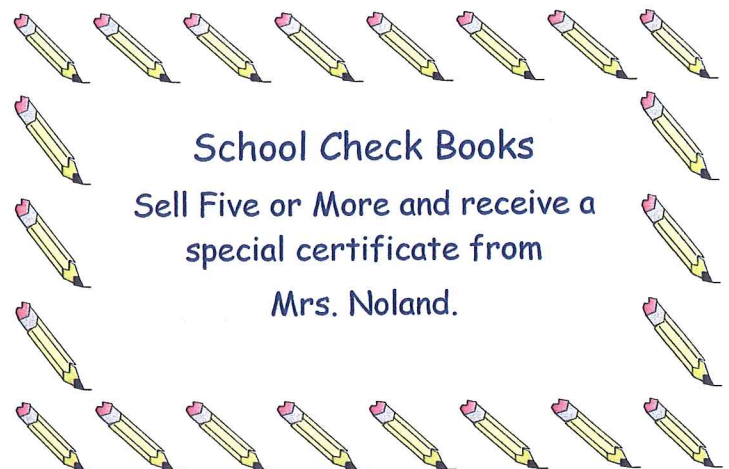
LAURA EARLY

Mrs. Early enjoys hiking with her husband, David and their chocolate lab, Moses. She also enjoys reading and fishing. She earned her Elementary Education Bachelors degree from Western Carolina University. Her favorite movie is A Knight's Tale and her favorite sports are soccer and basketball.

FUN FACT FROM MRS. EARLY: I collect Elvis items and porcelain dolls.

BIRTHDAY: FEBRUARY 26

Student Council is helping to promote our school check book sale this year. The books go on sale February 11th through February 29th. The cost is \$15.00. These books are filled with great discount coupons from hundreds of vendors throughout Haywood and Buncombe County. Every child that sells five or more books will be receiving a special certificate from Mrs. Noland at the end of the three week sale period.



School Check Books

Sell Five or More and receive a special certificate from Mrs. Noland.



BEHIND THE SCENES

ANGELA McHENRY

BIRTHDAY: AUGUST 14

Mrs. McHenry and her husband, Dave, have two children, Jennifer and Luke. She enjoys gardening, walking, reading, trout fishing and scrapbooking. She earned a Bachelor of Music, K-12 Music Education degree from UNC-Greensboro. Her favorite movies are The Sound of Music, Ever After and A River Runs Through It. Her favorite sport is tennis.

FUN FACT FROM MRS. McHENRY: I grew up on a dairy farm and helped milk the cows at 5:00 am before school and again in the evening after school. Long lives run in my family: My paternal grandparents passed away at the ages of 97 and 101 and were married for 77 years.

MYRA CLEMMONS

BIRTHDAY: SEPTEMBER 8

Mrs. Clemmons and her husband, Micky, have three children, Cayli, Josh and Zach. She enjoys hiking, reading, sewing, gardening, camping and riding bikes. She earned a B.A. in Education from Mars Hill College. Her favorite movie is A Wrinkle in Time by Madeleine L'Engle. Her favorite sport is soccer and swimming.

WENDY EBAUGH

BIRTHDAY: SEPTEMBER 14

Mrs. Ebaugh and her husband, Don, have three children, Graham, Lindsey and Hank. She enjoys reading, shopping, scrapbooking and traveling. She attended Western Carolina University where she earned her B.A. in Psych. and M.A. in School Psych. Her favorite movie is Top Gun and her favorite sport is soccer because all three of her children play it.

FUN FACT FROM MRS. EBAUGH: I am an animal lover and especially love cats. I have four cats that I rescued because they were homeless.

SHARON McELROY

BIRTHDAY: MAY 26

Mrs. McElroy and her husband, Rick, have four children, Haley Scofield, Ryan Cope, Ryan McElroy and Brooke Stevenson. She enjoys collecting Barbies, working outdoors, working on their farmhouse and camping. Her favorite movie is Gone with the Wind and her favorite sport is racing.

FUN FACT FROM MRS. McELROY: After June I'll have 5 grandchildren and I really enjoy traveling to Co. and the coast of N.C. to visit them. I enjoy working with children.

TIPS FOR DEALING WITH PICKY EATERS

From: Sharon Fox



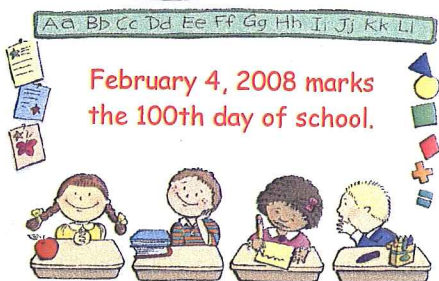
- 1) Take them grocery shopping with you: Get your kids involved in shopping decisions. It may take a little more time in the supermarket but it is likely to lead to less tantrums at meals.
- 2) Keep the junk food out of the house: Your kids can't eat unhealthy snacks if you don't buy them. Kids will moan at first but soon they will get hungry and reach for the apple instead of the chips.
- 3) Add healthy food when you can: Find ways to add healthy foods into foods your child already likes. You can put blueberries in pancakes, chopped fruit on cereal, or small pieces of broccoli in macaroni and cheese.
- 4) Help them learn: Encourage your kids to draw or doodle pictures of healthy foods or write a poem. Post on the fridge and make sure they know you are proud.

**Junaluska Elementary Eagles
PTO 2007-2008**

2238 Asheville Highway
Waynesville, N.C. 28786

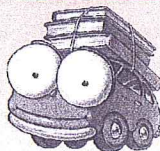
Phone: 828-456-2407

**Every Child a Winner through
Programs of Excellence..**



**Spirit Day
70's Day—February 8**

**Sagebrush Day
February 5**



***Spring Book Fair
March 31-April 4
Read Your Way Across the USA!***

Mark your calendars for this special event! We are packing up great books for a reading road trip. The Book Fair brings many volunteer opportunities.

- Decorating
- Making teacher gift bags
- Preparing and distributing flyers
- Publicity
- Assisting with classroom visits

Please let me know if you can join the fun.

Thank you,
Mrs. Teague

**Junaluska Students and Power Struggles
Continued from the January Issue**

**Guidance Counselor Corner
From: Leslie Smith**

It is important to remember that it takes two to argue. Here are some tips for helping your child realize that what you say is your "final answer".

- Say it once—State your case, then be quiet. Ignore your child's argumentative comments, even walking away if necessary.
- Let the child complain—As long as it is respectful, sometime let the child have the last word. He might mutter, "Why do I have to do it?" - A statement that does not require an answer. Most important—do not back down.
- Set rules for debating—Some children really do enjoy debating an issue. If your child is one of them, set ground rules for when and how debates can occur. For instance, no name-calling, quiet voices only, and quiet listening to each person's point of view. However, the child must understand that some things cannot be argued—that parents must decide. There should be a standard reply for this sort of issue, perhaps, "This is not open for discussion".
- Offer choices—Once again, offering choices instead of issuing commands is effective.

PLEASE STAY TUNED TO NEXT MONTHS "JUNALUSKA JUNCTION" FOR
MORE ON POWER STRUGGLES AND BACK TALK.